

# Elizabeth Day

Author, Journalist and Broadcaster

## BIOGRAPHY

Elizabeth Day is an award-winning author, journalist and broadcaster.

Elizabeth's chart topping podcast, *How To Fail With Elizabeth Day*, is a celebration of all of the things that haven't gone right and has reached number 1 in the overall iTunes chart, beating *My Dad Wrote A Porno*, TED Talks, Joe Rogan and Desert Island Discs. Every week, in a one-on-one interview, a guest discusses what they have learned from failure. Interviewees have included Phoebe Waller-Bridge, Malcolm Gladwell, Mabel, Jamie Dornan, Gloria Steinem, Andrew Scott, Adam Buxton and Nadiya Hussain. It has been nominated for two British Podcast Awards and in 2019 it won the Rising Star Award at the British Podcast Awards. In 2020, Elizabeth was given a prestigious Harper's Bazaar 'Women of the Year' award for 'bringing solace to the nation with her sensitivity and wit.'

The podcast has been featured on multiple broadcast shows, including *The Russell Howard Hour* (Sky One), *The Zoe Ball Breakfast Show* (Radio 2), *The Sara Cox Show* (ITV), *The Chris Evans Breakfast Show* (Virgin Radio). It was listed as one of BBC America's Most Buzzworthy Podcasts of 2018. In print, it has been featured in *Grazia*, *The Times*, *Harper's Bazaar* (top 10 podcasts of 2018), *The Independent*, *The Guardian* (top 3 podcasts for your mental health), etc. The 2019/20 *How To Fail Live* nationwide tour played to multiple sell-out venues across the country, including dates at The London Palladium, The National Theatre and the Southbank Centre in London, and iconic venues such as The Lowry in Salford and The Mac in Belfast.

Elizabeth has written two books off the back of the podcast: *How To Fail: Everything I've Ever Learned From Things Going Wrong*, is part-memoir, part-manifesto. It is also a Sunday Times top 5 bestseller. *Failosophy: A Handbook For When Things Go Wrong* was described by Alain de Botton as 'beautiful, timely and humane.'

To date, Elizabeth has written four novels which collectively have gained her a Betty Trask Award, Observer Book of the Year, and a Richard and Judy Summer Book Club pick. Her fifth novel, *Magpie*, is due for publication in Autumn 2021. Her work has been translated into several languages and she is a bestselling author in Holland and Italy.

Alongside her writing, Elizabeth is an adept broadcaster. She is one of the two main presenters for the Sky Arts Book Club Live, a weekly two-hour live show, and a regular guest presenter for BBC Radio 4's *Open Book*.

As a journalist, Elizabeth is a weekly columnist for *You* magazine on the Mail on Sunday and a feature writer for numerous publications in the UK and US including *The Telegraph*, *The Times*, *The Guardian*, *New York Magazine*, *The Observer*, *Vogue*, *Grazia*, *Elle*, *The Pool* and *Vanity Fair*. She is a contributing editor for *Harper's Bazaar*.

Elizabeth grew up in Northern Ireland and her first job was for *The Derry Journal*. Since graduating from Cambridge University with a Double First in History, she has worked for *The Evening Standard*, *The Sunday Telegraph* and *The Observer* where she was a staff feature writer for eight years. She won a British Press Award in 2004 for Young Journalist of the Year and was Highly Commended as Feature Writer of the Year in 2013. She is the co-founder of *Pin Drop*, a live performance short story studio. She is an adept public speaker, and has delivered talks and workshops to numerous organisations including HSBC, JP Morgan, Netflix, Facebook, Barclays, Mischo de Reya and the Guardian Masterclass series.



## TELEVISION

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DATE	PRODUCTION (ROLE)	COMPANY
2020	Sky Arts Book Show (Co - Host)	Sky Arts
2020	The Russell Howard Hour (Guest)	Sky Productions

## RADIO

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DATE	PRODUCTION (ROLE)	COMPANY
2020	Open Book (Cover Host)	BBCR4