

Hollie De Cruz

Entrepreneur, Positive Birth & Motherhood Educator, Creator of YESMUM Affirmation Cards

BIOGRAPHY

Described by many as a 'Birth Ninja', Hollie de Cruz (Otherwise known as the 'Yes mum mum', is a Hypnobirth educator, entrepreneur, celebrity birth coach and founder of the highly successful YESMUM affirmation cards. (<http://www.londonhypnobirthing.co.uk/shop/>)

Hollie promotes all her endeavors and positivity through the power of social media and has gained extensive recognition within the Instagram and 'Mummy Blogging' community.

Hollie's ambition is to change the face of birth and motherhood through health, wellbeing, mindfulness and empowerment.

