

Miquita Oliver

Highly Skilled & Wonderfully Entertaining Live Presenter



BIOGRAPHY

Miquita began her career co-presenting Popworld with Simon Amstell; a music show which reached iconic status. Best known for her work on T4, Miquita is a skilled and respected broadcaster.

She regularly hosted both Saturday and Sunday mornings on T4 until 2010 and fronted her own show, The Month with Miquita on 4music. Miquita presented again for 4music on their music show entitled-Rock the Look with Rimmel London-in 2014 which incorporated the worlds of music, fashion and beauty, interspersed with artist interviews.

In 2013, Miquita fronted the critically acclaimed BBC3 documentary Young, British and Broke and-went undercover to find out the truth about Britain's most controversial type of borrowing and met people whose loans have spiralled out of control, sometimes with devastating results.

Miquita is also experienced in live events such as V Festival, Bestival,-T4 On The Beach and in 2015 she hosted Jamie Oliver's Big Feastival. She also regularly performs DJ sets across the country.

Miquita has a strong radio voice having hosted a weekend morning show on BBC's 1Xtra and weekly music countdowns for Box TV.

In 2015 Miquita took part in BBC1's primetime entertainment show,24 Hours in the Past.Miquita and 5 other celebrities travelled back in time to work and live during the relentless hardship of Victorian Britain and it is fair to say that once fully immersed in this world, Miquita excelled by being able to honestly depict the rollercoaster of emotions that she went through so brilliantly.

In 2017, Miquita hosted Vandals and Visionaries, for BBC One West, exploring the creativity and criminality of street art in Bristol, and in 2018 Miquita and her mother (chef Andi Oliver) took part in the BBC2 Rally car race show Road to Saigon, made by Optomen.

2020 saw Miquita become part of the Steps Packed Lunch-family , presenting live segments every Friday for C4 as well as hosting a podcast quiz show called Quiz, Chat, Repeat.-

TELEVISION

DATE	PRODUCTION (ROLE)	COMPANY
2020	Steps Packed Lunch (Regular presenter)	C4
2019	Cheltenham Literary Festival - LIVE Coverage (Host)	StoryVault Films for SKY Arts
2018	Road to Saigon (Contributor)	Optomen Television
2017	Vandals and Visionaries (Presenter)	BBC Bristol for BBC West
2015	24 Hours in the Past (Contributor)	BBC1

2014	Rock The Look (Presenter)	Box TV for 4Music
2013	Young British and Broke (Presenter)	In house for BBC3
2013	4Music Video Honours (Presenter)	Channel 4 for Box TV
2013	Alton Towers Live (Presenter)	Channel 4 for Box TV
2012	The MOBO's (Presenter)	Done & Dusted for BBC3
2012	Ne-Yo London Live Special (Presenter)	3DD Productions for Channel 4
2012	Bourjois Style Studio	Globe Productions Ltd for Channel 4
2012	T4 V Festival Coverage (Presenter)	Blink TV for Channel 4
2011	T4 Movie Special: Abduction (Presenter)	Sassy Films for Channel 4
2011	T4 Movie Special: The Kooks (Presenter)	Princess for Channel 4
2011	T4 Movie Special: Moneyball (Presenter)	Princess for Channel 4
2011	T4 Movie Special: Tower Heist (Presenter)	Starstruck Media for Channel 4
2011	T4 Movie Special: What's Your Number? (Presenter)	Matchbox TV for Channel 4
2011	T4 Movie Special: The Rise of the Planet of the Apes (Presenter)	Remedy Productions for Channel 4
2011	The 50 Greatest Harry Potter Moments (Contributor)	Twenty Twenty Television for ITV
2011	T4 Movie Special: Hangover 2 (Presenter)	Matchbox TV for Channel 4
2011	T4 Movie Special: Source Code Junket (Presenter)	Remedy Productions for Channel 4
2011	Battlefront (Presenter)	Raw Television for Channel 4
2010	T4 Burlesque Premiere Special (Presenter)	Sassy Films for Channel 4
2010	T4 Charlie St Cloud Premiere Special (Presenter)	Sassy Films for Channel 4
2010	T4 Orange Rockcorps (Presenter)	Princess Productions for Channel 4
2010	T4 Special: Katy Perry (Presenter)	Princess Productions for Channel 4
2010	The Karate Kid Premiere Special	ITVP for ITV2
2010	T4 On The Beach 2010 (Presenter)	Done & Dusted for Channel 4
2010	Under The Skin: JLS (Presenter)	Box TV for 4Music
2010	I'm In A Rock and Roll Band Live	Inhouse BBC for BBC2
2010	T4 Movie Special: Get Him To The Greek (Presenter)	Sassy Films for Channel 4

2010	Question Time	Inhouse BBC for BBC3
2010	4Music Favourites: Faithless (Presenter)	Princess Productions for Channel 4
2010	Under The Skin: Usher (Presenter)	Box TV for 4Music
2010	Britain's Next Top Model (Contributor)	Thumbs Up for Living TV
2010	T4 @ Fight Cervical Cancer In Style (Presenter)	Eyeworks for Channel 4
	4Music Favourites: Black Eyed Peas (Presenter)	Princess Productions for Channel 4
	4Music Favourites: Paloma Faith (Presenter)	Princess Productions for Channel 4
	4Music Favourites: Jamie T (Presenter)	Princess Productions for Channel 4
	4Music Favourites: Snow Patrol (Presenter)	Princess Productions for Channel 4
	4Music Favourites: Paramores (Presenter)	Princess Productions for Channel 4
	4Music Favourites: Shakira (Presenter)	Princess Productions for Channel 4
	4Music Favourites: Ke\$ha (Presenter)	Princess Productions for Channel 4
	4Music Favourites: Alicia Keys (Presenter)	Princess Productions for Channel 4
2009	T4: Stars of 2009 (Presenter)	Done & Dusted for Channel 4
2009	T4: Orange Rock Corps (Presenter)	CC Lab for Channel 4
2009	Under The Skin: Alexandra Burke (Presenter)	Box TV for 4Music
2009	Under The Skin: Nelly Furtado (Presenter)	Box TV for 4Music
2009	T4: Orange Rock Corps (Presenter)	CC Lab for Channel 4
2009	This Week (Guest)	In house BBC
2007-09	T4 (Presenter)	Princess Productions for Channel 4
2006-09	T4 On The Beach (Presenter)	Done & Dusted for Channel 4
2008-09	The Month With Miquita (Presenter)	Box TV for 4Music
2009	4Music Special: Pussycat Dolls (Presenter)	Eyeworks for Channel 4
	4Music Special: Kaiserchiefs (Presenter)	Eyeworks for Channel 4
	4Music Special: Craig David (Presenter)	Eyeworks for Channel 4
	4Music Special: Fratellis (Presenter)	Eyeworks for Channel 4
2008	4Music Special: Kings of Leon (Presenter)	Eyeworks for Channel 4

2008	The Feeling's 24 Hour Challenge (Presenter)	GCap Media for Channel 4
2008	Shipwrecked: The Aftermath (Presenter)	RDF for Channel 4
2008	Vodafone TBA 3 & 6 (Presenter)	Endemol for Channel 4
2007	100 Greatest Kids TV Shows & 100 Greatest Ads (Co-Host)	ITV Production
2007	Vodafone - My Live Music: On Stage 2007	Octagon for Channel 4
2007	4Music Special: Scissor Sisters (Presenter)	Eyeworks for Channel 4
2007	4Music Special: Ash (Presenter)	Eyeworks for Channel 4
2007	Shipwrecker of the Year (Presenter)	RDF for Channel 4
2007	T4 Film Special: Ratatouille (Presenter)	Channel 4
2006	T4 Links to Isle of Wight Festival 2006 (Presenter)	CC Lab for Channel 4
2006	4Music Special: Scissor Sisters (Presenter)	Eyeworks for Channel 4
2006	T4 Movie Special: Madagascar (Presenter)	Channel 4
2006	T4 Movie Special: Shark's Tale (Presenter)	Channel 4
2006	4Music Special: Craig David (Presenter)	Eyeworks for Channel 4
2006	T4 Movie Special: Over the Hedge (Presenter)	Channel 4
2006	4Music Special: Razorlight (Presenter)	Eyeworks for Channel 4
2006	4Music Special: Future Heads (Presenter)	Eyeworks for Channel 4
2005	Popworld: Busted Special (Presenter)	Channel 4
2005	Popworld: McFly Special (Presenter)	Channel 4
2005	Urban Music Festival (Presenter)	Channel 4
2005	Popworld meets Beyonce Knowles (Co-Host)	Channel 4
2005	Popworld meets Justin Timberlake (Co-Host)	Channel 4
2000-05	Popworld (Co-Host)	Channel 4

ONLINE / DIGITAL

DATE	PRODUCTION (ROLE)	COMPANY
2020	Quiz, Chat, Repeat Podcast (host)	Crowd Network

RADIO

DATE	PRODUCTION (ROLE)	COMPANY
2010	7 Day Sunday (Contributor)	Avalon for Radio 5 Live
2003	OneClickMagazine and Playlist	BBC Radio 1