



Miquita Oliver

Television Presenter and Radio Personality

Miquita began her career co-presenting *Popworld* with Simon Amstell; a music show which reached iconic status. Best known for her work on *T4*, Miquita is a skilled and respected broadcaster.

She regularly hosted both Saturday and Sunday mornings on T4 until 2010 and fronted her own show, *The Month with Miquita* on 4music. Miquita presented again for 4music on their music show entitled *Rock the Look with Rimmel London* in 2014 which incorporated the worlds of music, fashion and beauty, interspersed with artist interviews.

In 2013, Miquita fronted the critically acclaimed BBC3 documentary *Young, British and Broke* and went undercover to find out the truth about Britain's most controversial type of borrowing and met people whose loans have spiralled out of control, sometimes with devastating results.

Miquita is also experienced in live events such as *V Festival*, *Bestival*, *T4 On The Beach* and in 2015 she hosted *Jamie Oliver's Big Feastival*. She also regularly performs DJ sets across the country.

Miquita has a strong radio voice having hosted a weekend morning show on BBC's 1Xtra and weekly music countdowns for Box TV.

In 2015 Miquita took part in BBC1's primetime entertainment show, *24 Hours in the Past*. Miquita and 5 other celebrities travelled back in time to work and live during the relentless hardship of Victorian Britain and it is fair to say that once fully immersed in this world, Miquita excelled by being able to honestly depict the rollercoaster of emotions that she went through so brilliantly.

In 2017, Miquita hosted *Vandals and Visionaries*, for BBC One West, exploring the creativity and criminality of street art in Bristol, and in 2018 Miquita and her mother (chef Andi Oliver) took part in the BBC2 Rally car race show *Road to Saigon*, made by Optomen.

2020 saw Miquita become part of the *Stephs Packed Lunch* family, presenting live segments every Friday for C4 as well as hosting a podcast quiz show called *Quiz, Chat, Repeat* and in 2021, her passion and expertise for podcast continued as she co-hosted the *Underground Railroad* companion podcast for Amazon Prime Video. Furthermore, in 2021 Miquita started guest hosting on *Sunday Brunch*, and continues to do so.

At the start of 2022, Andi and Miquita embarked on the family journey of a lifetime to reconnect with their West Indian roots, on a trip to the Caribbean for BBC2.