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Independent Talent Group LTD

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Registered in England Number 4338525 Employment Agency,
Registered Office 40 Whitfield Street London W1T 2RH

Lily May

Content Creator

Lily is a London-born and raised food creator.

Having built her audience on TikTok, Lily shares seasonal and creative recipes that make everyday food feel exciting, beautiful and achievable.

A self-confessed foodie, Lily grew up cooking and baking at home and spent much of her childhood binge-watching Anthony Bourdain documentaries and pretty much any food programme she could find. Living in Paris for a year deepened her appreciation for food and how the process of cooking can be just as enjoyable as eating. This experience inspired her to start documenting her food online.

With a background in social media and fashion PR, Lily combines her creative eye and strong understanding of digital content to everything she creates. Her love of food, fashion and travel continues to shape her creatively.

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