



Trish Halpin

Award-winning Editor, Broadcaster and Content Strategist

Trish Halpin is an award-winning editor, broadcaster and content strategist, with 25 years of experience at the helm of three of the UK's most iconic glossy magazines: Marie Claire, In Style and Red and is now co-host of the multi-million



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downloaded podcast Postcards from Midlife.

An experienced brand ambassador hosting events (Longchamp, Theory) most recently her expertise has been utilised as a judge and category presenter at Asian Women of Achievement Awards. Trish has also appeared as a talking head on radio and TV shows (Woman's Hour, Talk Radio, Sky News, ITV Good Morning) and has chaired numerous panel discussions and interviews in front of live audiences at events such as AdWeek Europe and Fortune Most Powerful Women. Brand consultancy talks include Jaguar LandRover and The Fold, and along with her podcast co-founder and presenter Lorraine Candy, Trish has appeared in content campaigns for numerous beauty brands, including Estee Lauder, Vichy and Clarins.

Together, Trish and Lorraine host internal company talks (ITV, Energy Saving Trust, Estee Lauder, NHS, Britannia Insurance) providing advice and expertise to support women going through perimenopause and menopause in the workplace. They help to inform policies on creating a supportive environment for employees at this life stage, as well as preparing younger female (and male) employees on what lies ahead.

Trish also contributes to publications such as The Daily Mail, The Daily Telegraph and Good Housekeeping as an opinion and features writer.