



Tharaka (aka Dr T)

Psychiatrist and Television Presenter

Dr T is a three-times TEDx speaker, Podcaster and has recently appeared in the new celebrity TV series in the UK – “*Can I Improve My Memory?*” on Channel 4. As creator of the ‘Mind, Action, Profit’ Blueprint, with his unique Medical background and motivational style, he brings his ‘mind and performance’ insights to professional audiences around the globe in order to help them improve their personal wellbeing, effectiveness, leadership, teamwork, focus and concentration.

He believes that when you ‘manage the mind, you can manage your bottom line’.